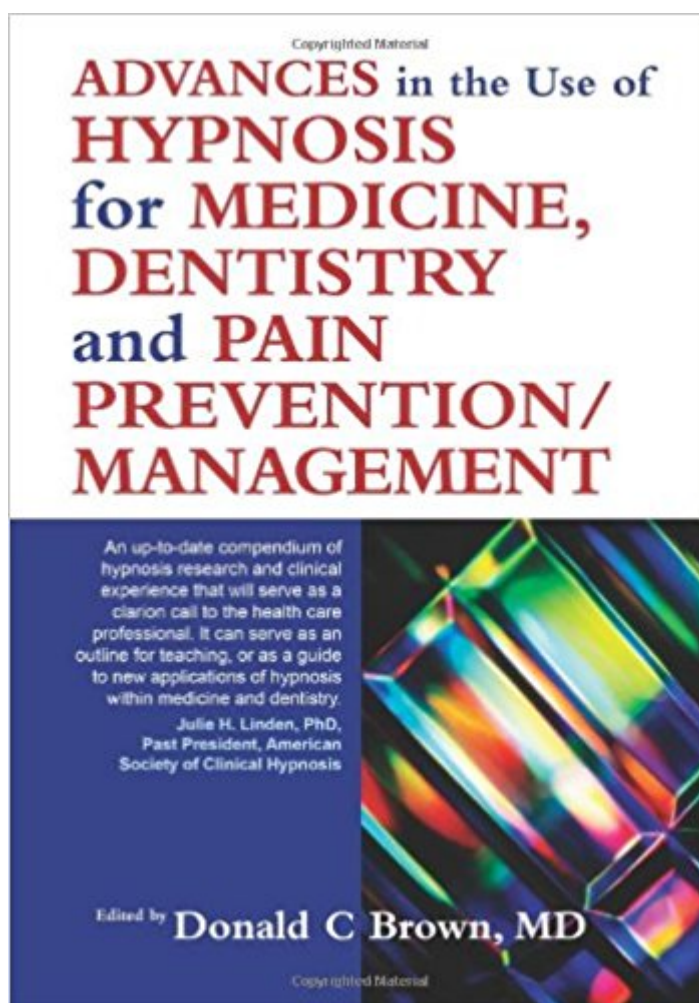


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# Advances In Hypnosis For Medicine, Dentistry And Pain Prevention/Management



## Synopsis

This landmark book explores the biology of hypnosis and its applications in medicine, dentistry, and pain prevention and management. Drawing from presentations at the 6th Annual Frontiers of Hypnosis Assembly held in Halifax, Nova Scotia, Canada, Dr. Brown has created a Table of Contents that will be of interest to the broad swath of clinicians. These chapters will inform the thinking and practice both of clinicians who already use hypnosis and those who are interested in knowing more about its efficacy and potential. The original material has been copiously updated and expanded for this volume. Divided into three sections, contributions range from Mind/Body Communication; and The Biology of Hypnosis; to Pain, Anxiety and Dental Gagging in Adults and Children; and Treating Pain, Anxiety, and Sleep Disorders in Children and Adolescents. The closing chapter on Evidence Based Hypnosis for Obstetrics, Labor and Delivery and Preterm Labor clarifies the importance of hypnosis in pain prevention and in supporting the well being of both mother and child. With contributions from: David Spiegel, MD; Jose Maldonado, MD; Bruce Lipton, PhD; George Fraser, MD; Marlene Hunter, MD; John G. Lovas, DDS; David A. Lovas, MD; Gabor Filo, DDS; Ashley A. Goodman, DDS; Donald Corey Brown, MD; A. Max Chaumette Jr., MD; James Straub, EdD; Vicki Straub, PhD; and Leora Kuttner, PhD Hypnosis is a multifaceted approach road-tested and still evolving. The experts who come together in this volume tell us much about what is known and what is yet to be discovered. They demonstrate specific ways in which hypnosis can be used alone or in concert with other approaches to facilitate the various phases of prevention, intervention, and follow-up in medicine and dentistry. Their combined perspective points to the importance of incorporating advances in hypnosis into a more general approach to wellness and healing in order to empower the many advances being made in technology and technique.

## Book Information

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## Customer Reviews

The contributing authors to this book have provided an interesting, comprehensive and thought-provoking insight into the art and science of clinical hypnosis. With examples, references for future exploration, and postulates of possible theories dealing with the mechanisms and biology of hypnosis, the reader is given important practical information highlighting the value and power of the mind/body connection, to which clinical hypnosis is the key. This book is written for the curious neophyte as well as the experienced hypnotist. I highly recommend it. --V. Rausch, D.D.S., hypnotherapist and retired dental surgeon

An up-to-date compendium of hypnosis research and clinical experience that will serve as a clarion call to the healthcare professional uninitiated in the art and science of hypnosis. Each chapter highlights the too-often overlooked opportunities for medical and dental hypnosis to improve patients' well-being and expedite their healing. Most important, this book is framed in the theories of mind/body medicine. This text will also be a resource to the clinician already using hypnosis. It can serve as an outline for teaching, and a guide to new applications of hypnosis within medicine and dentistry. --Julie H. Linden, PhD, past president, American Society of Clinical Hypnosis

This book should be in every hypnosis practitioner's library. Dr. Brown has compiled the clinical and scholarly wisdom of the most prominent clinicians and academicians in the fields of hypnosis, medicine, dentistry and pain management. The chapters provide insightful guidance on applying hypnosis to assess patients for treatment, to help patients control pre-operative anxiety and prepare for surgery, to eliminate dental anxiety, to relieve traumatic memories associated with chronic pain and to prepare women for childbirth. There are also excellent chapters on the psychobiology of hypnosis and on mind-body medicine. This book will be a desktop reference for me for many years to come. --Bruce N. Eimer, Ph.D., A.B.P.P., coauthor of 'Pain Management Psychotherapy: A Practical Guide'

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